

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lize-Mari Opperman**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 02:11:18**

**PACE 06:15/km**

**GENDER 30 of 206**

**OVERALL 169 of 530**

**40+ 10 of 84**

16 February 2019, Sat

Date



*BoutTime*

Signature

